Graduate Medical Education

Family Medicine Residency, The Department of Family and Community Medicine, University of Texas Health Science Center San Antonio (UTHSCSA), July 7, 2014 (Expected)

Education

M.D. St. Luke's College of Medicine - William H. Quasha Memorial, Quezon City, Philippines, May 2006

B.S. University of Santo Tomas, Manila, Philippines, May 2000
Major: Physical Therapy

Medical Licensure

Medical License, Texas Medical Board, in progress Texas Physician in Training Permit, The Texas Medical Board, July 2011 - Present

Certifications

Will sit for the American Board of Family Medicine Certification Examination in April, 2014

Advanced Cardiac Life Support (ACLS), expires August 2015 Basic Life Support (BLS), expires August 2015

Languages

Tagalog (Filipino main dialect) - fluent in speaking, writing, and reading

Teaching Experiences

Resident Teacher, Family Medicine Residency, The University of Texas Health Science Center at San Antonio, July 2011 - Present

 Teach residents and medical, podiatry, and PharmD students in the Family Health Center and the University Hospital Family Medicine Inpatient Service.

Regular lecturer/presenter at weekly Residency Conferences.

 Lecturer at Monday conferences at the Pediatric Residency of the University of Texas Health Science Center at San Antonio, May 2013

Presentations at National Meetings

Gotardo A, Otiniano M, Wood R, Nadeau M, Siddiqui S, Poursani R. Cancer Prevention Research Institute of Texas. Comparison of Colon Cancer Screening Underuse at a Family Medicine Clinic in San Antonio TX vs. Texas Border, San Antonio City, Texas State, and Nationwide. Austin, Texas November 2011

Professional Experiences

Resident, Family Medicine Residency, UTHSCSA, July 2011 - Present

Honors and Awards

Most Outstanding Resident, Family Medicine Residency UTHSCSA, June 2013

Extracurricular Activities

Researcher in the study about the Relationship of Medical Comorbidities with Drug and Alcohol Use Relapse In A Women's Rehabilitation Institution in San Antonio, TX. Family Medicine Residency, UTHSCSA, 2012 to present

Participant in a Childhood Obesity Intervention funded by The Texas Academy of Family Physicians, Family Medicine Residency, UTHSCSA, 2012 to present

Community Service Experiences

Volunteer Physician, Alpha Home Student-Run Clinic, Department of Family and Community Medicine, Family Medicine Residency, June 2011 - Present Provided well-woman exams and primary care to women in a substance abuse recovery program.

Rotating Physician at the Air Force Village on Ravenswood Drive, San Antonio TX. Providing follow up for long term care nursing home residents.

Rotating Physician at the SAMM Shelter on Blanco Road, San Antonio TX. Providing acute care services to this facility that houses young adults and their children who do not have a home of their own.

Rotating Physician at the Good Sam Center on Saltillo St. San Antonio TX. This is a Senior Center where we provide basic health care services for senior citizens.

Publications

Elepano AC et al. A Descriptive Study of Weight Loss in Bariatric Surgery Patients in St. Luke's Medical Center, March 2002 to August 2003, 2005; Vol. 4, No.1 p. 50-56

Membership in Professional Organizations

American Academy of Family Physicians, 2011 - Present Texas Academy of Family Physicians, 2011 - Present Bexar County Medical Society, 2011 - Present Philippine Medical Association, 2006 -2007

Professional/Personal Interests

I am interested in both Adult and Pediatric General Medicine and both Outpatient and Inpatient Medicine. I like performing office procedures such as steroid injections and simple cyst excisions. First and foremost though, I am a mom to two young girls who I love spending time with.